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Presenting a comprehensive, clinically oriented text covering all aspects of abortion care related to both medical and surgical abortion. Multiple contributors, well recognized for their

expertise in abortion and women's health, contribute to make this a state-of-the-art reference on abortion for students, residents and practitioners involved in women's reproductive health care. The Vaccine Handbook has a simple purpose- to draw together authoritative information about vaccines into a simple and concise resource that can be used in the office, clinic, and hospital. Not an encyclopedia or scientific textbook, The Vaccine Handbook gives practical advice and provides enough background for the practitioner to understand the recommendations and explain them to his or her patients. For each vaccine, the authors discuss the disease and its epidemiology, the vaccine's efficacy and safety, and the practical questions most frequently asked about the vaccine's use. The authors also discuss problems such as allergies, breastfeeding, dosing intervals and missed vaccines, and immunocompromised individuals. This handbook is also available electronically for handheld computers. See Media listing for details. Get instant, easy access to the natural medicine expertise you need with The Clinician's Handbook of Natural Medicine, 3rd Edition. Written by leading authorities in complementary and integrative medicine, this portable handbook offers clear and rational directives on diagnosing and treating 80 diseases and disorders with natural medicine. Inside the pages you'll find concise summaries of diagnostic procedures, general

considerations, therapeutic considerations, and therapeutic approaches for each condition, as well as naturopathic treatment methods like dietary changes, physical therapy advice, exercise modifications, and recommended supplements and botanical medicines. Based on Pizzorno's trusted Textbook of Natural Medicine, 4th Edition and the most current evidence available, it's your key to accessing reliable, natural diagnosis and treatment options in any setting. More than 80 algorithms throughout text synthesize therapeutic content and provide support for clinical judgment with a conceptual overview of case management. Combination of expert author team and scientifically verified content assures this handbook contains the most reliable coverage of diagnostic and natural treatment methods. Well-organized format utilizing consistent headings helps you make fast and accurate diagnoses. Light, portable size enables you to easily carry the handbook along with you in practice. NEW! Updated content reflects the latest research, data, and trends - including the most current recommendations related to specific diseases and newly emerging treatments. NEW! Four new chapters cover female infertility, maldigestion, bronchitis and pneumonia, and pregnancy health and primary prevention of adult disease. Exercise is Medicine™ is an American College of Sports Medicine initiative to "make physical activity and exercise a standard part of a disease prevention and treatment medical paradigm."

This book will teach practitioners how to motivate and instruct patients on the importance of exercise and how to design practical exercise programs for patients of all ages and fitness levels, as well as those with special conditions such as pregnancy, obesity, and cancer. Coverage includes in-depth discussions of both the lifestyle exercise approach to exercising regularly and the structured exercise approach. The first foundational text on the clinical use of cannabis and cannabinoid therapies. Despite thousands of years of medical use and an impressive record of safety, versatility, and efficacy, Cannabis sativa has existed outside the modern pharmacopeia since the 1940s. Primarily driven by popular demand, this botanical has returned to health care, but most clinicians lack the knowledge essential for identifying candidates for treatment, guiding patients, maximizing benefit, and minimizing harm. Dustin Sulak provides health care professionals—including physicians, psychologists, pharmacists, and nurses—with an accessible and evidence-based reference that empowers them to intelligently discuss cannabis with their patients and implement cannabis and cannabinoid therapies with confidence. Based on over a decade of clinical experience and an extensive review of the literature, this detailed and scientifically accurate guide includes the history of cannabis in medicine, the foundations of endocannabinoid physiology, the pharmacological effects of cannabis' myriad

active constituents, the clinical utility of its various preparations, and specific strategies and cautions for treating the most common conditions presenting to a cannabis clinician. This guide is an essential resource for practitioners of any specialty field or experience level who wish to improve their patients' outcomes, harness the healing potential of the endocannabinoid system, and wield a powerful solution to many of healthcare's challenges. Dermatology clinics are extremely fast-paced, and while the internet is useful, online resources can slow clinics down as it can often take lengthy amounts of time to obtain meaningful information. Recognizing this problem, Dr. Vashi has developed, over the course of several years, a practical guide targeted towards practicing dermatologists, resident physicians, medical students, family practitioners, nurse practitioners, and physician assistants. The Dermatology Handbook provides clinical information and quick solutions to common problems typically faced by dermatologists in a user-friendly and meaningful way. Designed to fit into a coat pocket, the content is presented as bulleted lists, along with tables and algorithms to allow busy clinicians to find the information they need rapidly. Featuring fill in the blank pages for users to personalize, this handbook is at once both comprehensive and succinct. Chapters include sections on the most common dermatologic complaints, differential diagnoses, laboratory techniques, dermoscopy,

dermatologic emergencies, commonly used medications, pediatrics, surgery basics, and cosmetic pearls. Drug tables, guidelines, and algorithms for history taking and treatment approach also work to provide the reader with efficient usability. Despite its direct effect on a patient's health, the literature on treatment adherence does not yet include a summary of proven methods for identifying and addressing patient non-adherence. Improving Patient Treatment Adherence Across Multiple Behaviors: A Clinician's Guide differs significantly from many treatment adherence books on the market by focusing on clinicians and the practical tactics they need to improve patient adherence. The book is organized by behavior and special issues as opposed to other texts, which look at treatment adherence as a theoretical concept. Each chapter provides a summary of existing literature regarding the impact of patient non-adherence, including costs, clinical outcomes and health-related quality of life, as well as a review of patient factors related to treatment adherence across behaviors, diseases, and special populations. A discussion of methods for improving treatment adherence takes a look at both proven methods and new technological advances in the field. Each chapter includes a table listing 3-5 key bullets that a clinician could use to address treatment adherence. Actual questions and scoring algorithms for widely used measures of treatment adherence make this book a useful guide for practicing clinicians. Following up on

Mindful Medical Practice, this book describes in detail how mindfulness is being taught to medical students, residents, practicing physicians, and allied health care professionals. Steps to set up and integrate programs into curricula are featured and educators' questions concerning practical aspects of doing this work are addressed. The argument on how to promote the kinds of leadership and cultural changes necessary are also discussed along with the many challenges facing health professionals in multiple settings. Mindful Medical Practitioners is an invaluable resource that raises interest, provides a rationale and details how to integrate mindfulness into clinical work and serves as a guide for those qualified to teach it. Asylum medicine, a field encompassing medical forensic evaluations of asylum seekers, is an emerging discipline in healthcare. In a time of record global displacement due to human rights violations, conflict and persecution, interest in the medical and psychological evaluation of individuals subjected to torture and other ill-treatment is high. Health professionals are uniquely qualified to use their skills to make contributions to a group of vulnerable individuals fleeing danger and death in their home countries. Health professionals involved in asylum medicine perform medical and psychological forensic evaluations of asylum seekers. Their educational background prepares them to examine and describe physical and emotional scars related to trauma,

and further training allows them to assess these scars in the context of persecution, describe them in a medical-legal affidavit and support these findings with testimony. Providers of asylum medicine are often involved in advocacy, as many governments become increasingly hostile to asylum seekers. Books on human rights exist, but there is no authoritative text of asylum medicine. This book presents a comprehensive overview of asylum medicine, with emphasis on the historical and legal background of asylum law, best practices for performing asylum examinations, challenges of examining detained asylum seekers, education of trainees and advocacy. Written by experts in the field, *Asylum Medicine: A Clinician's Guide* is a first of its kind resource for health care providers who practice asylum medicine. "This book provides a very useful and thought-provoking account of a developing form of interpersonal psychotherapy and gives a clear guide for practising clinicians." *Psychological Medicine* First published in 2003, this groundbreaking text firmly established itself as a touchstone for all therapists using interpersonal psychotherapy (IPT). Key feature "The second edition of *Clinician's Guide to Evidence-Based Practices* is the concise, practitioner-friendly guide to applying EBPs in mental health"-- *Advances in medical, biomedical and health services research* have reduced the level of uncertainty in clinical practice. Clinical practice guidelines (CPGs) complement this progress by

establishing standards of care backed by strong scientific evidence. CPGs are statements that include recommendations intended to optimize patient care. These statements are informed by a systematic review of evidence and an assessment of the benefits and costs of alternative care options. *Clinical Practice Guidelines We Can Trust* examines the current state of clinical practice guidelines and how they can be improved to enhance healthcare quality and patient outcomes. Clinical practice guidelines now are ubiquitous in our healthcare system. The Guidelines International Network (GIN) database currently lists more than 3,700 guidelines from 39 countries. Developing guidelines presents a number of challenges including lack of transparent methodological practices, difficulty reconciling conflicting guidelines, and conflicts of interest. *Clinical Practice Guidelines We Can Trust* explores questions surrounding the quality of CPG development processes and the establishment of standards. It proposes eight standards for developing trustworthy clinical practice guidelines emphasizing transparency; management of conflict of interest ; systematic review--guideline development intersection; establishing evidence foundations for and rating strength of guideline recommendations; articulation of recommendations; external review; and updating. *Clinical Practice Guidelines We Can Trust* shows how clinical practice guidelines can enhance clinician and patient decision-making by translating complex

scientific research findings into recommendations for clinical practice that are relevant to the individual patient encounter, instead of implementing a one size fits all approach to patient care. This book contains information directly related to the work of the Agency for Healthcare Research and Quality (AHRQ), as well as various Congressional staff and policymakers. It is a vital resource for medical specialty societies, disease advocacy groups, health professionals, private and international organizations that develop or use clinical practice guidelines, consumers, clinicians, and payers. The Essential Guide to Recognizing and Treating Acute Endocrine and Metabolic Illness Endocrinology covers some of the most common conditions and serious public health challenges facing medicine today, and endocrine and metabolic emergencies constitute a large proportion of the clinical workload. Endocrine and Metabolic Medical Emergencies: A Clinician's Guide provides a singular reference to help endocrinologists, acute and general medicine clinicians, hospitalists and critical care physicians, and general practitioners recognize the symptoms of endocrine emergencies and provide the highest standards of care. Already the definitive and most comprehensive guide to endocrine emergency care, this new second edition: provides acute care guidance for a range of both common and unusual endocrine emergencies; details the effects of acute medical and critical illness on metabolic and

endocrine systems, and their impacts on endocrine investigations; discusses special patient populations, including the impacts of aging, pregnancy, transplantation, late-effects, perioperative, inherited metabolic disorders and HIV/AIDS on presentation and management; and features detailed coverage of disorders by system, as well as, metabolic bone diseases, neuroendocrine tumors, and more. Packed with case studies, images, and chapters written by distinguished authors, this guide is designed for both quick reference and study. Coverage includes the presentation, diagnosis, management, and treatment of endocrine and metabolic disorders in an acute care setting, as well as the most up-to-date guidance on issues including clinical lipidology, glucose, sodium, calcium and phosphate, and more. Blending the latest science with clinical and practical advice, this invaluable resource helps clinicians stay up to date with the field's relevant body of knowledge while providing the practical, clinical insight they need in order to provide their patients with the utmost level of care. This book provides clinicians and their staff with essential information on the vaccines that are recommended and not recommended for their patients, the diseases these vaccines prevent, and a broad range of potential vaccine safety issues that may be brought up by their patients. Each topic, from specific vaccines to safety concerns, is covered succinctly, based upon systematic reviews of the scientific literature, with talking points to be used with patients.

The organization of the information makes it easy to reference specific topics and quickly find pertinent information, with the most practical details (such as recommendations and causality conclusions) highlighted at the very beginning of the respective sections. There are also sections outlining the vaccine safety system and evidence-based strategies for how to talk with patients about vaccines. This book aims to improve the efficiency and effectiveness of clinical vaccine discussions with patients, leading to more informed patients and timely vaccination. This is an ideal resource for all clinicians administering vaccines and their healthcare teams. This much-needed volume provides essential strategies for managing the complexities of bipolar disorder and tailoring treatment to each patient's changing needs. The authors draw on state-of-the-art research as well as their extensive clinical experience as a psychotherapist and a psychopharmacologist. In a readable and accessible style, they offer expert guidance on critical treatment questions. Vivid case examples reflect the diverse illness presentations encountered daily by clinicians in community mental health settings. -- Book Jacket Designated a Doody's Core Title! At the intersection of health care delivery and practice there lies a large area of patient care with no manual: how to provide the best care to patients who have a critically low level of comprehension and literacy. Because all patients play a central role in the outcome of their own health care, competent health care

becomes almost impossible for caregivers when the boundary of low literary skills is present. In a concise and well-written format you will learn: Common myths about low literacy Examples of low health care literacy How to recognize patients with low literacy Strategies to help patients with low literacy and reduce medical errors Cultural issues in health literacy Ways to create a patient-friendly office environment How to improve patient communication Guidelines to target and overcome common problems practitioners encounter This clear, well written book is packed with examples and tips and will serve as a much needed guide for primary care providers, nurse practitioners, hospital administrators, and others who are looking for ways to improve their communication with patients and provide the most beneficial health care to their low-literacy patients. Get a quick, expert overview of the etiology, diagnosis, and management of pulmonary and extra pulmonary sarcoidosis with this concise, practical resource. Drs. Robert B. Baughman and Dominique Valeyre fully cover the recent advances in various aspects of this disease, including new genetic studies and new diagnostic techniques. It's an ideal resource for pulmonologists and respiratory medicine specialists, as well as primary care physicians and pulmonary/respiratory care nurses. Provides a comprehensive discussion of the various facets of sarcoidosis, including common manifestations of the lung, skin, and eyes, as

well as other important aspects such as cardiac and neurologic disease. Covers newer diagnostic techniques for the lungs and elsewhere in the body, each discussed in detail and compared to older diagnostic techniques. Discusses treatment options including anti-inflammatory drugs, and management of other aspects of the disease, such as pulmonary hypertension, fatigue, and small fiber neuropathy. Consolidates today's available information and experience in this important area into one convenient resource. The Intelligent Clinician's Guide to the DSM-5® explores all revisions to the latest version of the Diagnostic and Statistics Manual, and shows clinicians how they can best apply the strong points and shortcomings of psychiatry's most contentious resource. Written by a celebrated professor of psychiatry, this reader-friendly book uses evidence-based critiques and new research to point out where DSM-5 is right, where it is wrong, and where the jury's still out. Along the way, The Intelligent Clinician's Guide to the DSM-5® sifts through the many public controversies and clinical debates surrounding the drafting of the manual and shows how they inform a modern understanding of psychiatric illness, diagnosis and treatment. This book is necessary reading for all mental health professionals as they grapple with the first major revision of the DSM to appear in over 30 years. The Clinician's Guide to Swallowing Fluoroscopy is a comprehensive resource for all dysphagia clinicians. This beautifully-illustrated

text is intended for SLP, ENT, radiology, GI, and rehabilitation specialists interested in swallowing and addresses the need for an up-to-date, all-inclusive reference. Topics covered include radiation safety and protection, fluoroscopic oral, pharyngeal, and esophageal phase protocols and abnormalities, and objective measures of timing and displacement. The purpose of this monograph is to provide a summary of the influence of aging, systemic disease and its treatments on oral health. This guide will also provide a summary of the etiology, clinical appearance, and treatments of common oral conditions that affect older populations. This book, now in an extensively revised second edition, summarizes the basic principles of nuclear medicine and describes the clinical applications of commonly used nuclear medicine procedures and techniques. Readers will find clear explanation of clinical indications, the pathophysiological basis of functional procedures, and the complementary role of nuclear medicine and molecular imaging in relation to diagnostic radiology. Throughout, emphasis is placed on the added diagnostic value offered by the new hybrid imaging modalities. The various therapeutic applications of nuclear medicine are also discussed. Compared with the first edition, technical details have been significantly simplified. The book will be an ideal introduction to nuclear medicine for medical students and will serve as an excellent quick reference for referring physicians, enabling them to utilize this modern

medical specialty more efficiently. Presenting detailed information on treatment of the obese patient, this handy, concise title is designed not only to educate practitioners about obesity but, most importantly, to provide practical strategies in the comprehensive approach to treating this disease. Replete with bulleted lists and tables for easy referencing, this unique reference provides a comprehensive overview of the pathophysiology and natural history of obesity as well as a thorough review of available treatment options. The book's early chapters discuss the disease of obesity, its corresponding health burden on individuals and society, and the psychosocial morbidity and effect of weight loss. Later practical, treatment-centered chapters include dietary and lifestyle strategies for weight loss, physical activity and writing an exercise prescription, pharmacotherapy approaches, perioperative care of the surgical patient, and complications of weight loss surgery, to name just several. An indispensable, easy-to-read resource for all health professionals interested in obesity diagnosis and treatment, *The Clinician's Guide to the Treatment of Obesity* is a significant contribution to the literature that will be of value to all physicians, with particular appeal internal medicine and primary care physicians, endocrinologists, cardiologists, physician assistants, nurse practitioners and any practitioner that wishes to learn the up to date treatment strategies for the obese patient. This book is for the clinician who wants to write. It

is for the physician, physician assistant, or nurse practitioner who sees patients and who wants to contribute to the medical literature. You may be an assistant professor aspiring to promotion or a clinician in private practice who seeks the personal enrichment that writing can bring. If you are new to medical writing or even if you have been the author of some articles or book chapters and seek to improve your abilities, this book can help you. Who am I that I can make this assertion and write this book, both fairly presumptuous? Here's my reasoning. As a practicing physician, writing has been my avocation; unlike the authors of many other writing books, I am not a journal editor. Over 14 years in private practice and 26 years in academic medicine, I have written all the major models described in this book: review articles, case reports, editorials, letters to the editor, book reviews, book chapters, edited books, authored books, and reports of clinical research studies. Most have been published. Not all. Perhaps my most significant qualification is not that I have managed to produce a lengthy curriculum vitae. In my opinion, what is more important for you, the reader, is that I have made all the errors. That's right, the mistakes. This publication is an excellent introduction to the diagnostic and therapeutic uses of nuclear medicine procedures and a must have for clinicians, residents, interns, medical students and referring physicians. It reviews nuclear medicine procedures, available alternatives, advantages and limitations of each, and

provides patient information to aid in preparing patients. This essential book provides the scientific context from peer-reviewed medical literature of the emerging area of cannabinoid science. Cannabis is one of the oldest cultivated plants dating back 12,000 years and demonstrates medicinal properties including immune support, anti-inflammatory effects, and cancer-fighting potential. As cannabis receives regulatory approval in the United States, clinicians will need guidelines to prescribe medical marijuana for various health conditions. This book presents information to healthcare professionals focusing on medical cannabis. It is a science-based overview providing clinical recommendations and dosing guidelines for practitioners to advise patients appropriately. Features:

- Discusses the endocannabinoid system role in homeostasis, pain control, and regulatory function in health and disease
- Advises clinicians on cannabis use in patients with cancer; cardiovascular, brain, and liver function; mood disorders; and patients receiving palliative care
- Includes information on cannabis nutrition as well as the cannabis microbiome
- Features information on cannabis quality control for safe and effective delivery

Cannabis: A Clinician's Guide is written for clinicians providing a resource guide to help them assess the medicinal value of cannabis, answer patient and consumer questions, and recommend its use optimally. The book is divided into three sections covering cannabis science, use in clinical practice, and

regulations and standards. It includes practical information on dosing guidelines and dispensary insights, personal cannabis stories, and an in depth look at the nutritional benefits of cannabis and how to use it in daily life. From the Author: "As a clinical nutritionist, I have been involved in the use of cannabis since 1981 while researching diabetes in India. Ayurvedic medicine listed cannabis as a beneficial herb with curing properties. In 1983, a Chinese medicine doctor in the Peoples Republic of China gave me a cannabis herbal supplement for sleep that he claimed Chairman Mao took regularly. Upon returning to the United States, no one would even talk to me about cannabis because of its Schedule I status. During an Antioxidants class taught for Everglades University, I included information on cannabis, but was restricted from including it in the course description. Cannabis: A Clinician's Guide unveils deceit on this herbal medicine used for thousands of years providing insight into the science behind its use and how to incorporate cannabis into daily life, especially for those suffering from neurological disorders, cancer, and mood disorders." This book is a guidance for clinicians, healthcare professionals, and researchers who are interested in obtaining information about an evidence-based supplement called AHCC. It is the first review of basic and clinical researches on AHCC edited by globally recognized researchers in the field. This clinically oriented book presents the state of the art in e-health

care within dentistry and oral medicine ("e-oral health") with the aim of acquainting dentists and other oral health care professionals with its uses and advantages, especially with regard to diagnosis. It will assist all who wish to learn about teledentistry protocols and the e-oral health branch or to implement e-oral health solutions and procedures in clinical practice. The book opens by discussing general aspects of e-oral health, including tools, networks, and the very important ethical considerations. The use and specific benefits of e-oral health technologies in the diagnosis of different conditions, orthodontic assessment, implantology evaluation, and caries prevention are then fully explained. Finally, examples are provided of the ways in which teledentistry functions in different countries on different continents. e-Oral health is a burgeoning field that encompasses teledentistry as well as other uses of information and communication technologies for oral health care purposes. This book will be an ideal guide for not only dentists but also dental hygienists, dental nurses, and other professionals. This book shows how communicating better with patients about their pain can help clinicians create safer and more effective treatment strategies. This book offer clinicians a wealth of practical guidance about asking the right questions and assessing patient responses. The first edition of this book (titled "The Clinician's Guide to Medical Writing") has become a standard in its field and remains an indispensable reference for any clinician,

academic physician, or health professional who wishes to hone their writing skills. However, since its publication in 2004, significant changes have taken place in the way medical professionals communicate with each other and the world. Medical Writing: A Guide for Clinicians and Academicians, 2e retains all of the fundamental writing advice of the first edition and has been expanded to include two brand new chapters: How to Write a Research Protocol (including why a research project needs a written protocol, elements of the research protocol and common problems) How to Write a Grant Proposal (including sections on government and private grant funding sources, what you need to know about grant writing, and elements of a successful grant proposal) New information is also included throughout the book on becoming a successful writer, medical tables and figures, conflict of interest and disclosures, how to review a scientific article, statistical analysis, "pay-to-publish" journal publishing, electronic submission of manuscripts, issues in medical publishing and the future of medical writing and publication. New appendices address commonly encountered research and statistical terms and memorable aphorisms regarding writing, medical and otherwise. Describes statistical concepts in plain English with minimal mathematical content, giving an insight into which statistics to believe - and why. For many, drug interactions are one of the most frustrating challenges in family medicine,

geriatrics, and ambulatory care practice. Even if one is up to speed on what drugs interact with one another, it is often unknown how to manage that specific interaction. Throughout the book, I share some of my management tips and pearls to help you feel more comfortable with managing drug interactions. This book is a perfect piece of education for pharmacists, nurse practitioners, physicians, physician assistants, and nurses who are looking to pick up clinical, real-world practice pearls. A Clinician's Guide to Systemic Effects of Periodontal Diseases will serve as an ideal, easy-to-use reference for the practicing health professional. It summarizes the latest research on the systemic effects of periodontal diseases, discusses how the results of this research will impact on clinical practice, and aims to help the clinician to answer questions that may be posed by patients, medical colleagues, and the media. A central theme is the contribution of periodontal diseases to systemic inflammation but other mechanisms, such as systemic dissemination of oral pathogens, are also covered. A collaborative approach involving noted investigators in each field and medical colleagues ensures that all chapters are of clinical relevance from both a dental and a medical perspective. The book is also visually engaging, with numerous summary figures and graphics, bullet point tables, and highlight boxes identifying the most clinically significant points. This book employs a direct and clear approach to understanding the medications

used in the treatment of psychiatric disorders. A range of areas, such as prescription errors, dosage modification in renal and hepatic dysfunction, augmentation strategies in treatment resistant patients, and recent findings from various clinical trials are addressed. Given its clear, straightforward approach, the book will be a valuable guide for all clinicians working with patients with psychiatric illness. Offers an approach to laboratory test interpretation. This reference leads the healthcare professional from abnormal lab test result to diagnosis through a series of logical steps, within the context of patient's clinical presentation. It contains over 50 algorithms to help the reader develop a strategy for approaching each lab test abnormality. Watkins assesses the research in the area of psychoneuroimmunology and assesses the implications of PNI and its application to general medical practice. He looks at the evidence supporting the concept that mind-body connections have an impact on the development and progress of illness. Offers information covering diagnosis, treatment, and management of commonly encountered patient problems in Internal Medicine. This guide provides algorithms to help you establish the diagnosis and select the appropriate therapy, and numerous tables and boxes that summarize diagnostic and therapeutic strategies. This practical book provides effective, time-efficient strategies for initiating and continuing productive conversations about weight that can

be incorporated into any practice setting. It will benefit all clinicians—advanced practice nurses, physician assistants, physicians—from students to experienced providers, whether they provide obesity treatment or refer to those who do. This guide addresses the numerous barriers that clinicians encounter when they contemplate or attempt conversations about weight and provides strategies to reduce and overcome these barriers. It guides clinicians step-by-step through the concepts and skills needed to have conversations that lead to improved health. Each chapter provides useful tools and information about how to move the conversation forward in a respectful, skillful manner. Real life clinical scenarios provide examples of short, productive conversations that incorporate the tools into clinical practice. Many clinicians recognize the importance of discussing weight with their patients yet feel unprepared to do so. Most did not learn about obesity or how to talk about it in their clinical educational programs and have little access to continuing education. Without the knowledge and skills to start a productive conversation, many avoid the topic. This avoidance has a negative impact on the health of those with obesity and pre-obesity. Given that obesity treatment improves outcomes, it is imperative that clinicians are skilled at discussing weight with knowledge and sensitivity. This book meets that gap.

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